

# WISH LIST



Kara House

Material Aid Donations – Updated 1 July 2018

Thank you for choosing to support Kara House with Material Aid Donations. Your donations will make a huge difference to the women and children that we work with. Unfortunately, we are only able to accept new or near new items. For more clarification on items you would like to donate call **1800 900 520** email **admin@karahouse.org.au**

## WOMEN

Each year, we help approximately 350 women and their children no matter their background. They range in age from 20 to 65 years and are from 26 cultural backgrounds.

### CLOTHING – sizes 6 to 16

Hoodies	Warm jumpers
Track pants	Jackets and coats
Basic t-shirts	Thongs
Pyjamas and sleepwear	
Socks	

### TOILETRIES

Deodorant	Tampons and Pads
Toothbrushes	Tissues
Toothpaste	Sunscreen
Face moisturiser	Lip balm
Shampoo	Body moisturiser
Conditioner	Body wash
Cleansers	Shower gel

## CHILDREN

Each year, we help approximately 50 children. They range in age from baby to 17 years of age and are from 26 cultural backgrounds.

### BABY AND TODDLERS – Ages 0 to 2 years

Baby wash	Nappies in various
Baby creams	sizes – pack must be
Baby wipes	unopened

### CHILDREN – Ages 3 to 17 years

Pyjamas and sleepwear	Hoodies
Socks	Basic T-shirts
Track pants	Back Packs

### TOYS – Ages 0 to 16 years (WE CAN ONLY ACCEPT NEW OR NEAR NEW TOYS)

Baby toddler – Duplo/Lego	Mini board games
Puzzles – for all ages	Soft toys

## LINEN

Sheets sets – for double and single beds  
Doona Covers – for double or single beds  
Bathroom towels  
Face washers  
Tea towels

## OTHER ESSENTIAL ITEMS

FOOD GIFT CARD – Coles or Woolworths  
GIFT CARDS – for clothing and household essentials – Target, Myer, Kmart, BigW etc.  
FUEL CARDS – BP, Shell  
CINEMA VOUCHERS – Village or Hoyts

## WHAT WE CAN'T RE-HOME

**Anything electrical** that plugs in the mains due to OH&S regulations.

**Prams/strollers, cots, baby carriers, change tables, high chairs, bouncers, breast pumps, booster seats** due to the stringent safety standards required.

**Furniture** – all household furniture due to lack of storage facilities.